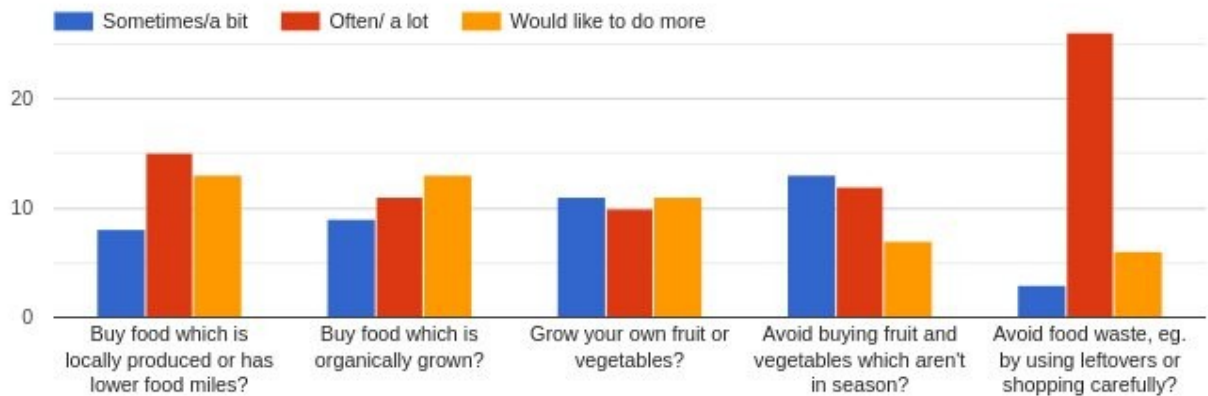




## SOW Survey 1: Food

**81%** of people here avoid food waste “a lot”. Only **19%** eat meat every day, and half of them plan to eat less. **31%** eat meat no more often than once a week.

Do you try to...

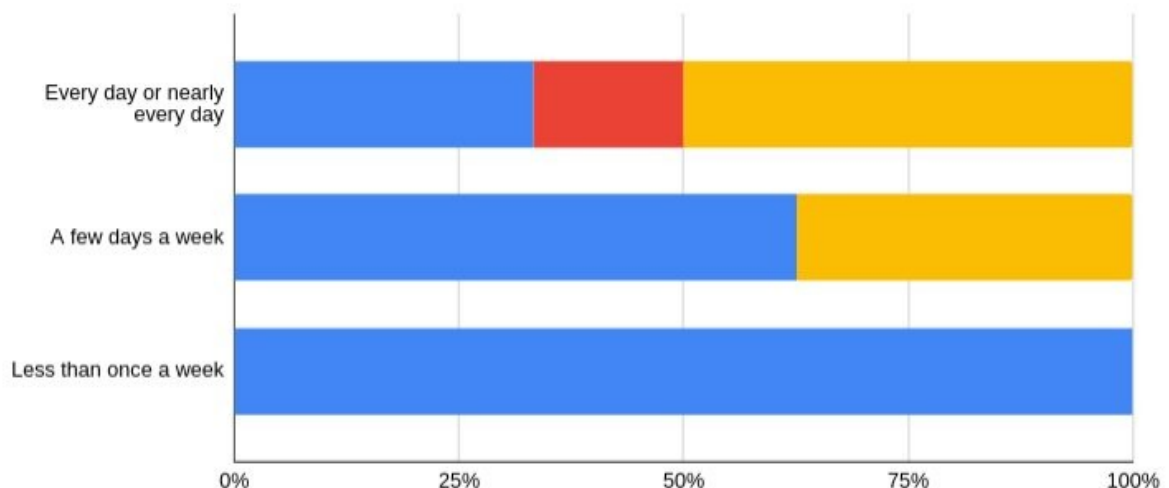


How much meat do you eat?

32 responses



How often do you eat meat at the moment?



Would you like to eat less meat?

■ No, fine with my current diet 
 ■ Yes, but my household don't want to 
 ■ Yes, and I plan to do so

Any comments?

3 responses

Also trying to eat less dairy & eggs

I buy oranges, bananas and some other fruit/veg even though they're not local, because I think they travel by ship which I believe has a low carbon footprint (as large ships are very efficient). I try to avoid buying air-freighted fruit and veg.

We get a weekly veg box from cofco but would like to source other food more locally/sustainably - perhaps buy less from Tesco!